MENINGOCOCCAL DISEASE CAN BE DEADLY

1 in 10 people who get it die

Up to 2 in 10 suffer from permanent complications
• brain damage
• kidney damage
• deafness
• limb loss

Early symptoms:
Often mistaken for flu or other less serious illnesses

Symptoms usually progress fast!
High fever, headache, stiff neck, confusion, nausea, vomiting, exhaustion, purplish rash, and death can happen in as little as 1-2 days

What increases your risk of meningococcal disease?

16+
Being an adolescent or young adult (16-23 years old), whether you’re in college or not

Spending time in large groups (from parties to dorms)

Participating in behaviors like kissing or sharing drinks (where saliva is shared)

Two kinds of vaccines prevent against meningococcal disease

MenB is the most common cause of disease in adolescents and young adults*

MenB vaccine

MenACWY vaccine

B C&Y

Vaccination is the best way to protect against it.

Visit nfid.org/meningococcal to learn more about vaccines to prevent meningococcal disease

*Cases in 11-24 year olds in the US by serogroup (2009-2013)