



## **DIVERSITY & INCLUSION**

### **Resources for DACA Recipients, Undocumented Students & Mixed Status Families:**

#### **COVID 19 Resources**

Understanding the pandemic and resources that are available in a diverse bilingual format for the State of IL. <https://www2.illinois.gov/sites/coronavirus/Pages/default.aspx>

Useful tools and information for immigrant families. <https://www.icirr.org/community-resources>

The Coalition for Immigrant Mental Health provides links to resources and organizational websites that are disseminating critical public health information regarding the Coronavirus Disease (COVID-19) and updated frequently. <https://ourcimh.org/covid19-resources>

Access free health clinics in your area by zip code. <https://freeclinicdirectory.org/>

Food Pantry Pick Up locations near campus. <https://www.chicagosfoodbank.org/find-food/>

Immigrants Rising PPT on alternative employment options. [https://immigrantsrising.org/resources/?\\_sft\\_keyword=making-money](https://immigrantsrising.org/resources/?_sft_keyword=making-money)

NATIONAL: Created by and for undocumented immigrants. <https://docs.google.com/spreadsheets/d/18p9OSILpSYanIoUC-gEbhVbRMYVUfw4wyrixa9ekGdc/htmlview?usp=sharing#>

#### **Know Your Rights**

What to do if you see ICE activity Deportation Defense Manual. <https://deportationdefensemanual.files.wordpress.com/2017/09/deportation-defense-manual.pdf> | [Spanish](#)

#### **Legal Support**

[Illinois Immigrant Legal Services Directory](#)– Detailed directory of non-profits offering low-cost legal services with attorneys or authorized legal assistance providers

[List of Non-Profit Organizations Authorized to Provide Immigration Services](#)– Quick list of non-profits offering low-cost legal services with attorneys or authorized legal assistance providers

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This list is a compilation of resources from multiple sources.

[ICIRR Know Your Rights Card](#)– A printable card useful to have on your person should you need to defend your rights

[Action Plan](#)– Key information in case you or a family member is detained by ICE agents

### **Mental Health Resources**

[Illinois Childhood Trauma Coalition: Preliminary Messaging to Raise Awareness about the Significant Impact of the Presidential Election on Youth Health and Well-Being](#)

[Raise Awareness about the Significant Impact of the Presidential Election on Youth Health and Well-Being](#)

[Mental Health Providers in Illinois \(List will be updated regularly\)](#)

[Roots to Wellness Resource Guide](#) | (Spanish)

[Community Health – Free Social Services for Low-Income Individuals](#)

[Supporting Immigrant and Refugee Children: A Guide for Parents and Caregivers](#) | (Spanish)

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