Why should I wear a face covering?

- You could spread COVID-19 to others even if you do not feel sick. Everyone should wear a cloth face cover when they have to go out in public, for example to the grocery store.

- The cloth face cover is meant to protect other people in case you are infected.

- The cloth face cover is not a substitute for social distancing. Continue to keep about 6 feet between yourself and others.

- A scarf, bandana, or home-made cloth mask can be used as a face covering. It should cover your nose and mouth and be washed daily.

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**Face Covering Do’s and Don’ts:**

**DO:**

- Make sure you can breathe through it
- Wear it whenever going out in public
- Make sure it covers your nose and mouth
- Wash after using

**DON’T:**

- Use if under two years old
- Use surgical masks or other PPE intended for healthcare workers