



DEGREE PLAN

	Fall	Spring
Freshman	Introduction to Exercise Science (3) Foundations of Physical Activity (3) Anatomy & Physiology 1 & Lab (5) General Education (3) General Education (3)	Anatomy & Physiology 2 & Lab (5) Nutrition & Exercise (3) Calculus for the Life Sciences (4) General Education (3) General Education (3)
Sophomore	Exercise Physiology & Lab (4) Health Behavior (3) Physics 1 & Lab (4) General Education (3) General Education (3)	Methods of Assessment & Lab (4) Develop & Analysis of Movement & Lab (4) Physics 2 & Lab (4) General Education (3) General Education (3)
Junior	Exercise Prescription & Lab (4) Methods of Group Exercise (3) General Biology 1 & Lab (4) General Education (3) General Education (3)	Exercise for Varied Populations & Lab (4) General Biology 2 & Lab (4) General Education (3) General Education (3) Elective (3)
Senior	Senior Capstone (2) Administrative Topics in Exercise Science (3) Statistics for the Social Sciences (3) General Chemistry 1 & Lab (4) General Education (3)	Internship (4) Evidence-Based Decision Making (3) Elective (3) Elective (3) Elective (3)