1. **Description of the Program**

Art Therapy is an undergraduate degree that allows students to express themselves creatively, while learning how to leverage their creative interest to help others through the intensive study of human behavior. The program's primary objective is to prepare students for graduate admission into an Art Therapy master's program with the aim of becoming a registered Art Therapist. The program requires rigorous study in psychology and fine arts that will allow students to develop a strong understanding of psychology and a portfolio worthy of graduate admission. Students will experience a hands-on and theory-based curriculum that assembles key courses from each major to ensure all requirements for graduate admission are met.

A. **Admission Requirements**: Admission to the university

B. **Curriculum Design**

**Degree Requirements:**

**Art Component (36 credits)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>ARTS 10000</td>
<td>Drawing</td>
<td>3</td>
</tr>
<tr>
<td>ARTS 11000</td>
<td>Painting</td>
<td>3</td>
</tr>
<tr>
<td>ARTS 13000</td>
<td>2D Design</td>
<td>3</td>
</tr>
<tr>
<td>ARTS 13300</td>
<td>3D Design</td>
<td>3</td>
</tr>
<tr>
<td>ARTS 18100</td>
<td>Digital Photography</td>
<td>3</td>
</tr>
<tr>
<td>ARTS 23100</td>
<td>Intro to Graphic Design</td>
<td>3</td>
</tr>
<tr>
<td>ARTS 2xxxx</td>
<td>Introduction to Art Therapy</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>(200 level &amp; PSYC 10000 General Psychology as prerequisite)</td>
<td></td>
</tr>
<tr>
<td>ARTS 39100/392</td>
<td>Art History I or II (Advanced writing)</td>
<td>3</td>
</tr>
</tbody>
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**Three Workshops in (customized to fit student needs):**

- Printmaking and/or Clay
- Psychology (PSYC 276XX)
- ELED 36600 Project Wild (Fall)
- ELED 36700 Project Learning Tree (Spring)

**Two Advanced Studio Courses (portfolio development)**

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<tr>
<th>Course Code</th>
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<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>ARTS 41000</td>
<td>Senior Project/Seminar</td>
<td>3</td>
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**Psychology Component (21 credits)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>PSYC 10000</td>
<td>General Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 30300</td>
<td>Statistics for Social Sciences</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 31500</td>
<td>Research Methods I</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 31000</td>
<td>Psychological Testing &amp; Evaluation</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 21300</td>
<td>Lifespan Development</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 32000</td>
<td>Abnormal Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 42000</td>
<td>Psychotherapeutic Techniques</td>
<td>3</td>
</tr>
</tbody>
</table>

**Total**

57
Core Curriculum  * Indicated an exciting course

*ARTS-10000 Drawing
An introduction to the art of drawing, this course investigates the operations and procedures involved in the creation of expressive drawings, their design, their development, and their execution.
3 Credits

*ARTS-11000 Painting
This course is a structured approach to the visual language of paintings through a study of composition, representation, and the interaction of color. Major techniques, procedures and spatial devices are presented.
3 Credits

*ARTS-13000 2-D Design Fundamentals
This class promotes student awareness that an art form is the result of the organization of a visual language: line, shape, value, space, pattern, and texture in a significant arrangement. The course also includes a structured exploration of two-dimensional form.
3 Credits

*ARTS-13300 3-D Design
A study of the design and construction of three-dimensional forms, this course heightens student awareness of three-dimensional space by offering a hands-on approach to project development. A sizable portion of the course is devoted to learning how a design is developed.
3 Credits

*ARTS-18100 Digital Photography
Basic theory and procedures of photography are studied, including individual instruction in digital camera usage, basic computer editing, fundamental composition, equipment care and operation, output and presentation.
3 Credits

*ARTS-23100 Introduction to Graphic Design
This introductory class utilizes vector and raster design tools in the creation of digital imagery developed for graphic design and expressive art.
3 Credits

ARTS- 200 level Introduction to Art Therapy
Students are introduced to the field of art therapy and how art can be utilized as a form of psychotherapy.
3 Credits

*ARTS-39100 Art History 1 or
This course surveys Western art, beginning with Paleolithic cultures and chronologically proceeding to Gothic art. It fulfills the advanced writing requirement.
3 Credits

Or *ARTS-39200 Art History 2
This course surveys art, beginning with the Renaissance and chronologically proceeding to more contemporary art forms. It fulfills the advanced writing requirement.
3 Credits

*ARTS-40100 Senior Project/Seminar for Art Therapy
This course involves reading, writing, production, discussion, resume and portfolio preparation and progress assessment. This course prepares the undergraduate for application to graduate school.
3 Credits

* PSYC-10000 General Psychology
Students are introduced to the study of human behavior and mental processes, with emphasis on the biopsychosocial determinants of behavior. Topics include psychobiology, learning, memory, motivation, development, personality, psychopathology, and social behavior.
3 Credits

* PSYC-30300 Statistics for the Social Sciences
This course covers the fundamental skills necessary for understanding statistics as a tool of science, with an emphasis on quantitative literacy. Students learn the basics of organizing and describing data (descriptive statistics) and making predictions about large groups from smaller samples of data (inferential statistics). In this course, students learn to enter, analyze, and interpret data using the Statistical Package for the Social Sciences (SPSS). Students learn to critically evaluate data sets and become better consumers of data that they encounter in the real world.
3 Credits

* PSYC-31500 Research Methods 1
Students learn the foundational skills required to conduct psychological research, including the formulation of testable hypotheses, various research designs, data collection methods, APA style report writing, and the ethics of research. This course is a requirement for majors and minors in the department.
3 Credits
* PSYC-31000 Psychological Testing and Evaluation

Students are introduced to the field of psychometrics, which includes descriptive statistics, reliability, validity and interpretation. Special attention is given to the rationale for testing. Assessment techniques considered include intelligence, personality, performance, aptitude, and interest testing.

3 Credits

* PSYC-21300 Lifespan Development

This course examines human development from conception through old age. Emphasis is on the biological, physical, cognitive, and social aspects of development.

3 Credits

* PSYC-32000 Abnormal Psychology

This course investigates human behavior along the normal-abnormal continuum. It covers possible causes and treatments of the major types of behavior disorders, as well as issues in diagnosis and classification.

3 Credits

* PSYC-42000 Psychotherapeutic Techniques

Various contemporary psychotherapeutic theories and techniques are reviewed. The client-therapist relationship, basic principles common to most psychotherapies and the ethics of the therapeutic process are presented. This course has a significant experiential component.

3 Credits