



# The Good Word

## “WELCOME!” FROM UNIVERSITY MINISTRY

Welcome to Lewis University! Life at college is an awesome adventure, and University Ministry hopes to be a service to you during your time here. In this short newsletter you will find out how some of our programs have impacted other Lewis students, and how to get involved.

*BLESSINGS—University Ministry Staff (Br. Phil Johnson, F.S.C., Steven Zlatic, Martha Villegas-Miranda, Sabrina Poulin, Fr. Daniel Torson, C.P.P.S., Adam Setmeyer, and Alina Rivas)*

## FYI (FIRST YEAR INTERACTION) BY DAVID ANDERSON



“When I got to Lewis I had so many expectations of what college had in store for me. I was so anxious and I was a little worried about if I’d be able to make it through, let alone my first year. Thanks to FYI, though, I was able to relax, have fun, meet new people, and clear my mind and eventually I felt so much more comfortable. Hearing from people who were previously in my shoes helped in more ways than one.”

**Details:** Saturday, October 1st from 9AM—11PM. \$25.

To sign up contact Adam Setmeyer at [setmeyad@lewisu.edu](mailto:setmeyad@lewisu.edu) or 815-836-5226

## THE MASS BY COLEEN MITROS

“Being part of the Lewis community does not just entail academics, athletics, and socializing but also spiritual life. Celebrating Mass every Sunday with other Lewis students has allowed me to express my faith in God and share my faith with others. I especially enjoy the song played during the communion meditation because it helps me to reflect inwardly and gives me strength for the upcoming week. The communion meditation is a time when I sit quietly and pray. It draws me closer to God and helps me prioritize what is really important in my life. I receive a sense of peace in the midst of my busy college life. I know and trust that God will lead me in the right direction.”

**Details:** Sunday Mass at 8PM; Weekday Mass at Noon; Special liturgies held throughout the year



## OUTREACH (BIG BROTHERS/BIG SISTERS) BY KAREN JOY DIZON



“I wanted to get involved with Big Brothers/Big Sisters because I felt this was a great opportunity to reach out to children who are in need within my own community. The one-on-one mentoring not only challenged me to become a better role model but I also come to appreciate more the importance and the need of leadership in one’s life.”

**Details:** Ministry offers numerous local, national, and international outreach opportunities each year. For more information contact Martha Villegas-Miranda at 815-836-5475 or [VillegMa@lewisu.edu](mailto:VillegMa@lewisu.edu).



## MISSION STATEMENT

University Ministry, in harmony with Lewis' Catholic tradition and Lasallian identity, embraces and nurtures enlightened religious experience within our community. University Ministry's primary focus is to be a sign and instrument of the Gospel. Therefore we proclaim and celebrate the Gospel and invite the University Community into this mission.

## UNIVERSITY MINISTRY PROGRAMS

Bacolod City, Philippines Mission  
 Big Brothers, Big Sisters  
 Bolivia Mission  
 Busy Person's Retreat  
 Catalyst Retreat  
 Catalyst Team  
 Charity in Truth  
 Chicago Food Depository  
 Christmas Giving Tree  
 Eucharistic Adoration  
 First Year Interaction (FYI)  
 Habitat for Humanity Mission  
 Heritage Retreats  
 Hunger Week  
 InterVarsity (IV)  
 IV Big Group  
 IV Chapter Focus Week  
 IV Chicago Urban Plunge  
 IV Fall Retreat  
 IV Small Groups  
 IV WinterFest  
 Java Detour  
 Koinonia Retreat  
 Lasallian Volunteers  
 Mexico Mission  
 Misericordia Collection  
 Morning Star Mission  
 Muslim Student Assoc.  
 Night Ministries  
 Outreach  
 Peer Ministry  
 Rosary Group  
 Sophia Reflections  
 Special Liturgies  
 St. Joseph's Day Table  
 STAND  
 Sunday Mass  
 The Good Word  
 Weekday Mass  
 What IF?

## JAVA DETOUR!

Every Thursday,  
 ALL Day  
 Take a Detour and  
 relax in the D'Arcy  
 Great Room.



## PEER MINISTRY BY CHRIS HEUG

"For me, Peer Ministry has been more than just a job on campus. It has opened up new opportunities and area for growth through the semesters. Being able to connect and help my residents also allows for a personal connection and relationship with God. I have gotten to take part in many different retreats and mission trips through my work as a Peer Minister, and gotten others connected as well. The experiences I have had while being a Peer Minister have helped shape my college years at Lewis University, and I wouldn't trade it for the world."



**Details:** Peer Ministers foster community in the residence halls and throughout Lewis University through various social and spiritual activities. For more information contact Steven Zlatic at [zlatist@lewisu.edu](mailto:zlatist@lewisu.edu) or 815-836-5289 or Sabrina Poulin at [ortmansa@lewisu.edu](mailto:ortmansa@lewisu.edu) or 815-836-5617.



***"Let your faith mature through your studies, work, sport, music and art. Let it be sustained by prayer and nurtured by the sacraments, and thus be a source of inspiration and help to those around you." - Pope Benedict XVI***

## CATALYST BY LIANA VANTREASE



"Sitting in church two weeks before the Catalyst retreat weekend, I was immediately interested in going, but I could have never guessed how much it would impact my life. This opportunity helped to educate me about social justice issues and homelessness awareness, and it has encouraged me to do more to help people less fortunate than myself. I am also leading the next Catalyst retreat, and am hoping that I will be able to help educate others about these issues as my leaders did for me."

**Details:** January 21 & 22. Contact Adam Setmeyer at [setmeyad@lewisu.edu](mailto:setmeyad@lewisu.edu) or 815-836-5226 or Sabrina Poulin at [ortmansa@lewisu.edu](mailto:ortmansa@lewisu.edu) or 815-836-5617.

## 'SET FREE YOUR GIFTS!' REFLECTION BY POPE BENEDICT XVI

"We recall our parents and grandparents who walked alongside us when we, as children, were taking our first steps in our pilgrim journey of faith. Now many years later, you have gathered as young adults with the Successor of Peter. I am filled with deep joy to be with you. Let us invoke the Holy Spirit: he is the artisan of God's works. Let his gifts shape you! Just as the Church travels the same journey with all humanity, so too you are called to exercise the Spirit's gifts amidst the ups and downs of your daily life. Let your faith mature through your studies, work, sport, music and art. Let it be sustained by

prayer and nurtured by the sacraments, and thus be a source of inspiration and help to those around you. In the end, life is not about accumulation. It is much more than success. To be truly alive is to be transformed from within, open to the energy of God's love. In accepting the power of the Holy Spirit you too can transform your families, communities and nations. Set free the gifts! Let wisdom, courage, awe and reverence be the marks of greatness!"

**-Vigil w/ Young People 7.19.08**



Pictures are from various University Ministry events.