

CAREER MATTERS

A PUBLICATION OF THE LEWIS UNIVERSITY CAREER SERVICES OFFICE

Volume 11 • Issue #1 • Fall 2017

IN THIS ISSUE...

Flyers Get Hired	Page 1
Suits for Students	Page 1
Best Jobs for the Future	Page 2
Career Fairs: Are Employers Really Looking...	Page 2
Upcoming Career Networking Events - SAVE!	Page 3
Four Steps to Choosing a College Major	Page 4
Interview Questions for Emotional Intelligence	Page 4
Success in Your Internship	Page 5
Add Some Muscle to Your Resume	Page 5
Online Career Planning Resources	Page 6
Career Services Staff/Contact Information	Page 6




FLYERS GET HIRED GETS A NEW POWER SOURCE!

Lewis University's comprehensive online career management program, Flyers Get Hired, is now powered by Handshake.

Because of this, Flyers Get Hired is now connected to...

 Over 200,000 employers for jobs and internships

 Over 400 top colleges and universities

Sign-in today at <https://mylewis.lewisu.edu>, click on the Resources Tab, click on Handshake, and start building your profile. Include all your skills as well as any special projects you've completed and upload your resume. Upon completing your profile, you will see that targeted internships and job opportunities that fit you will populate on your home page.

Don't forget to stop by our Career Services Office (LRC, ground floor) and take a selfie in our hand chair!



"Example makes a much greater impression on the mind and heart than words."

~ St. John Baptist de La Salle

SUITS FOR STUDENTS



Thanks to some very generous Lewis University faculty and staff, we are able to provide gently used professional business attire to any Lewis University student who does not have the resources to purchase or borrow such attire. Program is confidential - no student knows who is donating the suit and the donor does not know the student recipient. Please encourage any student in need of professional business attire to contact breierch@lewisu.edu with sizes and dates needed. Professional attire is expected for job/internship interviews, scholarly presentations, job fairs, as well as career/networking events.

BEST JOBS FOR THE FUTURE 2017

The U.S. job market is looking good. The unemployment rate is hovering below the 5% mark, as it has been for more than a year. But not every profession is booming. "In general, it's a very robust labor market with a lot of widespread growth," says Josh Wright of labor market research firm Economic Modeling Specialists International (EMSI). "A few key sectors are trending up, but some are trending down." The following is the narrowed down of the top 10 that are trending up:

1. App Developer
Total number of jobs: 798,233, Projected job growth, 2016-2026: 21.6% (All jobs: 8.6%), Median annual salary: \$97,483 (All jobs: \$43,233), Typical education: Bachelor's degree
2. Computer Systems Analyst
Total number of jobs: 597,812, Projected job growth, 2016-2026: 22.0%, Median annual salary: \$85,080, Typical education: Bachelor's degree
3. Nurse Practitioner
Total number of jobs: 145,331, Projected job growth, 2016-2026: 32.3%, Median annual salary: \$98,288, Typical education: Master's degree
4. Physical Therapist
Total number of jobs: 226,661, Projected job growth, 2016-2026: 30.4%, Median annual salary: \$83,501, Typical education: Doctoral degree
5. Health Services Manager
Total number of jobs: 337,863, Projected job growth, 2016-2026: 17.4%, Median annual salary: \$93,294, Typical education: Bachelor's degree
6. Physician's Assistant
Total number of jobs: 103,422, Projected job growth, 2016-2026: 28.8%, Median annual salary: \$98,869, Typical education: Master's degree
7. Dental Hygienist
Total number of jobs: 207,223, Projected job growth, 2016-2026: 19.0%, Median annual salary: \$73,141, Typical education: Associate's degree
8. Market Research Analyst
Total number of jobs: 557,031, Projected job growth, 2016-2026: 20.9%, Median annual salary: \$61,816, Typical education: Bachelor's degree

9. Personal Financial Advisor
Total number of jobs: 251,715, Projected job growth, 2016-2026: 23.8%, Median annual salary: \$86,780, Typical education: Bachelor's degree
10. Speech Language Pathologist
Total number of jobs: 142,715, Projected job growth, 2016-2026: 21.0%, Median annual salary: \$73,334, Typical education: Master's degree

<http://www.kiplinger.com/slideshow/business/T012-S001-best-jobs-for-the-future-2017/index.html>

[Contributed by Mary Myers]

CAREER FAIRS:



Are employers really looking for someone like you? (Spoiler alert: YES!)

Looking for an internship or a job after graduation can be confusing, especially if you aren't sure what to look for. Many great majors don't have a clearly corresponding job title, which can make it feel like there are no jobs for you. Not true! Your degree can lead to lots of opportunities.

- **Keep an open mind!** Analytical skills, communication, technology, leadership...all of these are great skills that employers need. Read the job posting and search for the skills you know you have.
- **Attend career events – they're open to all majors.** Meet the Firms (November 1, 2017, 4-6 pm, Flight Deck/St. Charles Borromeo Center) is a great chance to network with employers in a variety of industries, who are open to hiring all majors. Although the titles may sound like "business only", this fair is anything but. We're even offering a pre-event workshop the hour before the event, full of tips on how to network with recruiters.
- **Network.** Set up an informational interview or two! Talk to your professors, alumni, and especially employers. Ask them how they got into their field. You'll be surprised how many professionals have a degree similar to yours.

[Contributed by Laura Paley]

UPCOMING CAREER NETWORKING EVENTS:

DATE/TIME	EVENT	PLACE
Wednesday September 13, 2017 12:30pm – 1:30pm & 2:00pm – 3:00pm	How to Begin a Career with the FBI (2 one-hour informational sessions offered for ALL MAJORS)	University Dining Room, Charlie's Place Academic Science Building
October 2017	Fall Interview Day (By application/preselection only, Business and Technology related majors)	Ashton Place, Willowbrook, IL
Thursday October 12, 2017 2:00pm – 4:00pm	Uncovering Career Paths: An Employer Panel (Criminal Social Justice, Aviation & Transportation majors)	Academic Science Building, AS158A
Tuesday October 24, 2017 4:30pm – 6:00pm	ABCs of Getting an Internship Workshop (Recommended for all sophomores and juniors – ALL MAJORS)	AS-158A
Wednesday November 1, 2017 3:00pm – 4:00pm	Become an Epic Networker Workshop (ALL MAJORS)	St. Charles Borromeo, SB-160
Wednesday November 1, 2017 4:00pm – 6:00pm	Meet the Firms: (Recommended for Business and Technology students – open to all majors)	St. Charles Borromeo, Flight Deck
Friday November 3, 2017 1:00pm – 4:00pm	Government Job Fair (Free to Lewis students interested in public service – ALL MAJORS)	Hosted by University of Illinois- Chicago (UIC), Student Center East 750 S Halsted, Chicago, IL 60607
Friday February 16, 2018 Time TBD	ISCPA CareerFest Job & Internship Fair (ALL MAJORS)	Rented facility at: Moraine Valley Community College Palos Hills, IL
Tuesday February 27, 2018 4:30pm – 6:00pm	ABCs of Getting an Internship Workshop (Recommended for all sophomores and juniors – ALL MAJORS)	AS-158A
Wednesday February 28, 2018 4:30pm – 6:00pm	Preparation for the Career Expo 2018 (Sophomores through seniors – ALL MAJORS)	AS-158A
Wednesday March 14, 2018 12:00pm – 4:00pm	Lewis University Career Expo 2018 – Job & Internship Fair (ALL MAJORS)	Lewis University Field House
TBD	Bridges to Employment (Veterans)	St. Charles Borromeo Convocation Hall
Wednesday April 18, 2018 10:30am – 12:30pm	Meet the Firms (Aviation majors)	Harold E. White Aviation Center

For more information on these upcoming events:

www.lewisu.edu/careerservices

www.lewisu.edu/gethired

815.836.5282

careerservices@lewisu.edu

FOUR STEPS TO CHOOSING A COLLEGE MAJOR



What will you be doing on this date 20 years from now? No, really. Try to answer that. Given what you know about your ever-changing self, and factoring in the breakneck pace of societal change, can you accurately predict what the future world around you will look like and what role you'll play in it?

For many people, selecting their major was the start of channeling their interests, values and skills into work that made the struggles and hard work it took to get there worth it. Here are steps to help you do the same.

1. **Separate your goals from other people's goals for you.** How do you quiet the noise that's coming at you from family, friends and society? Parents suggesting you should be a lawyer, policy makers defining "success" in terms of paychecks, even the voice inside your head saying you're not smart enough.
2. **Forget passion; follow an interest.** Most advice about majors includes the admonition "Follow your passion." But passion is something you discover over time, by finding an interest, however small, and nurturing it. There's no epiphany; it's a collection of small decisions that move you step by tiny step.
3. **Put your decisions in real-world context.** Now more than ever, you can glimpse the inner workings of industries. Follow someone on Twitter to gain insight into a field, read industry publications to track trends, or watch free online lectures. If your interest is piqued, go for full immersion with an internship.
4. **Yes, you do have to be good at it. Be flexible.** Dips in the job market, failing at a venture you wanted to succeed in badly, or just realizing that something isn't as envisioned – these realities will force you to bend, contort or even redesign your ideal.

Source: Article by Nathan Gebhard is co-founder of Roadtrip Nation and co-author of "Roadmap: The Get-It-Together Guide for Figuring Out What to Do With Your Life."

<https://www.nytimes.com/2015/08/02/education/edlife/four-steps-to-choosing-a-career-path.html?action=click&contentCollection=Education%20Life&module=RelatedCoverage®ion=EndOfArticle&pgtype=article>

Visit Lewis University Career Services
to help you identify a major!

[Contributed by Mary Myers]

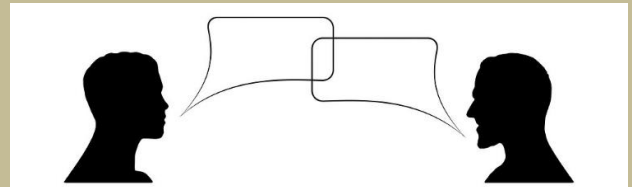
825+

students and alumni are getting career advancement tips from either our LinkedIn, Twitter, or Facebook page!
Are YOU one of them?



View tips for finding jobs, link to newly posted jobs, get interviewing hints, learn about featured majors/minors and career paths, catch up on the latest employment trends, and get a multitude of other tips to help you in YOUR career development!
Connect with us!

INTERVIEW QUESTIONS FOR EMOTIONAL INTELLIGENCE



1. What makes you laugh?
2. When is the last time you were embarrassed? (What happened? How did you handle the situation?)
3. What activities energize and excite you?
4. How do you have fun?
5. What are two personal habits that have served you well?
6. How good are you at accepting help from others?
7. How good are you at asking for help?
8. What is one of the internal battles to have each day?
9. What makes you angry?
10. How could you create more balance in your life?
11. Who inspires you? Why?
12. On an "average day" would you consider yourself a high or low energy person?
13. On an "average day" is your main focus on results and tasks or people and emotions?

Phil Johnson, founder of [Master of Business Leadership \(MBL\) Inc.](#), an online coaching platform, says in a [LinkedIn post](#) that these are some of the most common ones.

[Contributed by Mary Myers]



SUCCESS IN YOUR INTERNSHIP

There are 6 things that career experts say every intern should do within the first month of their internships to be successful.

1. Make a great impression

"Besides dressing well, showing up early and staying eager, DiTieri says, ask your boss what he or she would like to see from you."

2. Ask questions, and carry a notebook

"Whenever you're in a meeting or shadowing someone, always takes notes," says Buj. "That way your boss will see that you're paying attention and are engaged from day one."

3. Set up coffee meetings with your co-workers

"Ask about their experience, as well as their vision for the company over the next few months," Wessel says, "then bring the conversation back to actionable ways that you can make an impact in your position."

4. Offer to help on additional projects

By reaching out to your team, you'll be perceived as more likable and friendly, and that will make you more likely to get hired and promoted.

5. Don't leave at night without stopping by your boss' desk

"Don't just disappear at the end of the day," Buj says. "Ask your manager if there is anything else they need right now."

6. Keep a record of what you accomplish

"Having a track record of the ways that you're contributing to the company will come in handy when you're ready to ask for a recommendation letter, or if you are thinking about joining the company full-time."

Source: <http://www.cnbc.com/2017/06/20/6-things-to-do-to-in-the-first-month-of-your-internship.html>; "6 things to do in the first month of your internship"; [Marguerite Ward](#); [@forwardist](#)

[Contributed by Christina Martinez]

HOW TO ADD SOME MUSCLE TO YOUR RESUME!



Writing your first resume in college can be a little overwhelming. We've got a general sample as well as tips for composing strong resume bullets conveniently located on the home page of Flyers Get Hired! You will see it listed as a resource when you log in to your account on www.lewisu.edu/gethired.

Build a stronger resume by incorporating some of the following tips:

BULLETS: Employers consistently tell us that they do not have the time to read long narrative paragraphs of text. Strong, descriptive bullets that convey your accomplishments are much more effective.

TECHNOLOGY: Are you adept at the current and/or emerging technology used in your profession? Be certain to add your technology skills (or other media, equipment, or materials as relevant for your major) to your resume.

SUMMARY/PROFILE: Include some of your most important skills and keywords in the top third of the resume. Concise statements that quickly demonstrate to your prospective employer that you really can do this job work best. Make it easy for an employer to see quickly why they should take a more serious look at you as an applicant.

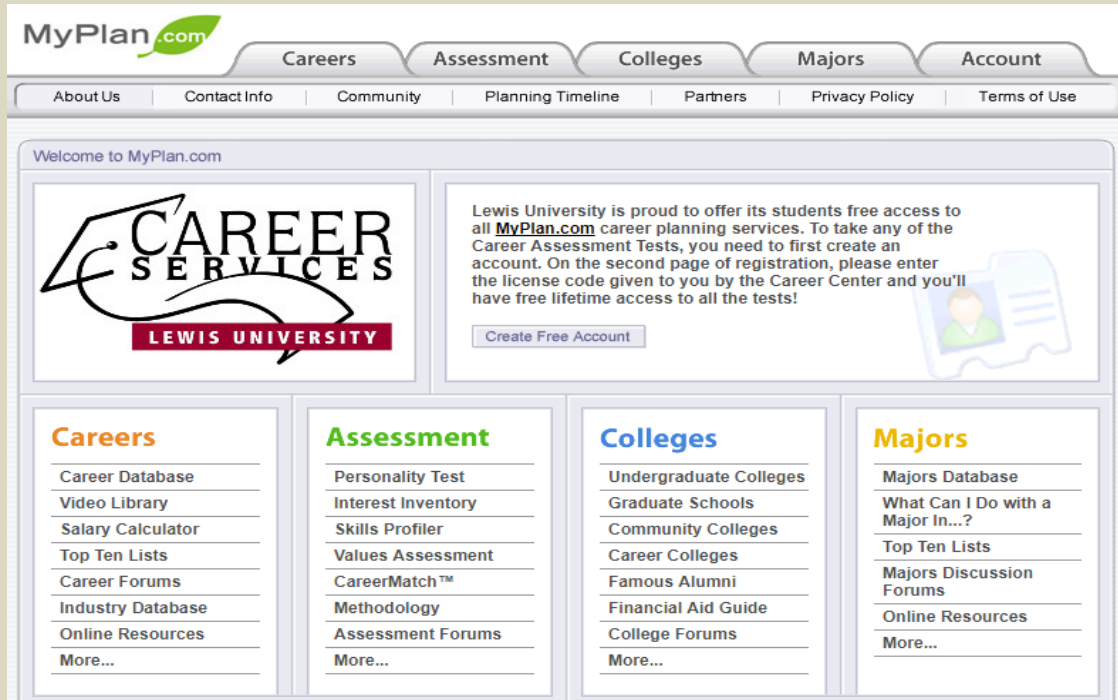
LEADERSHIP/ACTIVITIES: Have you participated in any activities, organizations, or professional associations while in college? Be sure to list your involvement for employers to see. Only include activities from college (not high school). If you have taken on a leadership role (vice president, treasurer, co-captain, etc.), be sure to include the word "LEADERSHIP" in your heading so employers can't miss it!

[Contributed by Chris Breier]

CHECK OUT OUR ONLINE CAREER PLANNING RESOURCES!

ALL Lewis University students have free access to the following fantastic resource directly from our home page at www.lewisu.edu/careerservices.

Set up an account at www.lewisu.myplan.com and be sure to use **License Code: FU6M2HBP**



OUR CAREER SERVICES STAFF

Mary Myers	Executive Director
Chris Breier	Associate Director
Laura Paley	Employment Outreach & Dev. Coordinator
Christina Martinez	Career Advisor/Internship Coordinator
Leanne Harris	Administrative and Database Assistant
Melissa VanSistine	Graduate Assistant

CAREER SERVICES OFFICE

Lewis University
One University Parkway, Unit 293
Romeoville, IL 60446-2200

PHONE: 815.836.5282
E-MAIL: careerservices@lewisu.edu
WEB: www.lewisu.edu/careerservices



Connect with us!

*“Write your own book
instead of reading
someone else’s book
about success.”
~ Herb Brooks*

Please deliver to: