Welcome

Thank you for your interest in our Masters of Arts in Clinical Mental Health Counseling Program at Lewis University. Please let me take a bit of your time to tell you about our program. Our program began in 1993 and has continued to grow rapidly since its inception. Approximately 100 students are enrolled in the program. Students come from a wide range of personal and professional backgrounds. Some students are currently in the mental health field, while others come to our program making a complete career change from a non-mental health field. Students are both full- and part-time and our program is designed to fit students’ busy lives. We fully understand that students have family, career and personal responsibilities. Almost all of our courses are taught in the evenings with weekend workshops available for elective credit. You will read quotes from alumni throughout this document.

Our program has two tracks allowing students to choose an area of specialization. The Child and Adolescent Counseling Track is designed for students who want to work primarily with children and adolescents. This track has specialized courses designed to prepare students to work with this challenging population. The Adult Clinical Mental Health Counseling Track is designed for students who are most interested in working with adult clients.

In addition to teaching, our faculty currently work in the field in a wide range of settings (e.g. private practice, psychiatric hospitals, the Department of Corrections, counseling centers, community mental health, etc.) and have diverse areas of expertise. We model and teach specific counseling skills and share our own real world counseling experiences so that students can learn from both our mistakes and successes.

Our program does an excellent job of combining theory and practice in a practical, hands-on approach. Students leave Lewis well prepared to begin a professional career in a wide range of mental health settings. Our program is designed to meet the education requirements for the Licensed Clinical Professional Counselor credential in the State of Illinois.

Finally, our program is designed to give each student personal attention. Students will get to know each of their professors well and our graduate faculty actively encourage mentoring relationships with students. Faculty take an active interest in each of our students and see it as a main part of our job to ensure that students are successful while in the program, as well as after graduation.

Thank you again for your interest in our program at Lewis and we look forward to helping you meet your personal and professional goals. This view book provides an overview of our Clinical Mental Health Counseling programs. I would be happy to answer any specific questions you may have. Information regarding admissions can be found on our Web site www.lewisu.edu or by contacting the Office of Graduate and Adult Admission at grad@lewisu.edu, or by phone at (815) 836-5610.

Sincerely,

Katherine Helm, Ph.D.
Graduate Program Director
Do you have a desire to help people? If you see yourself in a position of counseling others, whether it be adults, teenagers, or children and families, Lewis University can help you fulfill your dreams with a Master of Arts in Clinical Mental Health Counseling.

You will be challenged to question critically, search for truth, and generate new knowledge through scholarship and innovation. Respecting your need to balance career, personal life, and education, Lewis offers convenient evening classes for adults. As a Catholic university in the Lasallian tradition, our approach is values-based and student-focused. Expert dedicated faculty who are both scholars and practitioners will inspire and prepare you to assume active roles while responding ethically to the many complex issues in your profession and communities.
Objectives

The Master of Arts in Clinical Mental Health Counseling program is designed for those who are seeking to develop or refine job-related psychological skills and knowledge. There are two tracks within the program. The first, the Adult Clinical Mental Health Counseling Track, is a traditional counseling psychology track, preparing students for work in the mental health field with adult populations. The second, the Child and Adolescent Clinical Counseling Track, is designed to train students to provide counseling services to children, adolescents, and families in both public and private settings. Both tracks apply theory and research to practical problems of human adjustment and development. Goals for the program follow the recommendations of the American Counseling Association and meet the State of Illinois requirements so that students can sit for counseling licensing exams. The program's goals are to:

- Provide a knowledge base in relevant areas of psychology and counseling, including personality, psychopathology, therapy, multicultural issues, and evaluation and assessment.
- Expand student skills in interviewing, assessment and techniques of therapy.
- Create student understanding of client uniqueness, multicultural sensitivity, and student attitudes of flexibility in their work with clients.
- Endorse student development of appropriate ethics and professional identification.

Dr. Edmund Kearney,
Professor and Department Chair Psychology

“I am a child and adolescent clinical psychologist by training. As a child psychologist, I also head up the Child and Adolescent Counseling Track of our program. As an educator of would-be counselors, I believe in teaching both practical skills and relevant theory, while guiding students to develop a strong and healthy professional identity as a counselor. My teaching style is highly interactive. I believe strongly in the idea that in order to learn new skills, students should first see a model, followed by extensive opportunities to practice. I work hard to form strong mentoring relationships with my graduate students. I take very seriously the opportunity I have to teach others how to work effectively with the children of our society. While I continue to enjoy writing and participating in research projects, my primary focus remains teaching. My writing and research interests include ADHD, trauma, and professional identity development. I have a private practice and I am also a consultant to Maryville Academy.”
Program Highlights

• Lewis University offers two tracks of the Clinical Mental Health Counseling master’s program to best tailor your classes to your goals.

• Lewis University offers small classes to enable the professors to give personal attention and form mentoring relationships.

• The classes at Lewis University provide practical skills taught by professors experienced and respected in the field of psychology.

• Lewis University offers convenient evening courses throughout the entire year.

• Lewis University has a reputation for excellence backed by the success of its graduates.

• Students at Lewis University feel as though they belong, with a willingness to help and encourage each other.

• Lewis University has a strong commitment to multicultural issues and non-discrimination.

• The classes at Lewis University prepare students for the Licensed Clinical Professional Counselor and Licensed Professional Counselor state examinations.

Career Opportunities

A degree from Lewis University can prepare you for the following careers:

• Community Agency Counselor
• Residential Treatment Center Counselor
• Hospital Counselor
• Child and Adolescent Counselor
• Private Practitioner
... and many others!

Financial Aid

The Free Application for Federal Student Aid (FAFSA) is available online at www.fafsa.ed.gov. If you wish to apply for financial assistance for graduate study, you need to complete the FAFSA form. Stafford Loans are usually available. Be sure to include the Lewis University code number on the FAFSA form (001707).

Scholarships

“REACH Your Goals” Scholarship Program

This exciting program is organized by Resources for the Education of Adults in the Chicago area (REACH) and is designed to assist the growing number of adult learners over the age of 25, to enroll in graduate studies. Visit this program’s Web site at: www.reach-chicago.org. For other possible scholarship opportunities available to graduate students, please contact the Office of Graduate and Adult Admission at (815) 836-5610.

Questions?

Call (815) 836-5610 or e-mail grad@lewisu.edu
Admission Standards

Admission to the graduate program in psychology is based on academic and personal qualifications of the applicant. It is made without regard to race, color, religion, age, gender, irrelevant handicap, national or ethnic origin, or disability.

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All students must present evidence of a baccalaureate degree awarded by a regionally accredited institution of higher education and a completed application which includes a personal statement of professional goals. Because this program is directed toward adults, it is expected that personal maturity and experience are prime indicators of success in the program. Although the Clinical Mental Health Counseling program does not require a criminal background check, applicants should be aware that many internship sites and potential employers will. There are three enrollment categories for students in the program.

Full Admission

Students in this category have:

1. Completed at least 15 hours of psychology, including a course in statistics or research methods.
2. Submitted a completed application with an accompanying personal statement.
3. Submitted two letters of recommendation from professors, employers or supervisors.
4. Submitted an official transcript of all academic work previously attempted or completed. An applicant’s GPA should equal a 3.0 Grade Point Average on a 4.0 scale.
5. The applicant’s personal statement will be used as a writing sample.
6. Certified their proficiency in reading and writing English by achieving a 550 on the TOEFL written exam; 213 on the computerized exam; 79 on the Internet-based exam or IELTS score of 6.0. ELS level 112 completed. Step Eiken (Japan) Pre-1 is also accepted. (Applicable only if student is from a non-English speaking country.)
7. Received acceptance by the Graduate Council of the College of Arts and Sciences.

Transfer Admission Procedures

Students may apply up to 12 semester hours of graduate-level work from other regionally accredited institutions to their program of psychology prior to their acceptance into Clinical Mental Health Counseling program. A transfer student will follow the admission criteria described above and on page 47 (full and provisional.) The following conditions apply to the acceptance of transfer credit:

1. Only courses with a grade of B or better will be accepted.
2. Coursework must have been completed at an accredited graduate school.
3. Appropriateness of coursework will be decided by the Graduate Program Director at the time of the student’s application to the program.
4. Courses from outside the United States will be considered if they are evaluated as graduate level by the Commission of Accreditation of the American Council on Education.

Provisional Admission

In select cases, a student who does not meet the requirements for full admission may be granted provisional admission. Students may apply for full admission after resolving the admission deficiencies. If the student must satisfy the psychology course requirements explained above, those courses must be completed with a 3.0 Grade Point Average (GPA). Students may be allowed to take up to nine graduate credit hours as a provisionally admitted student. The student must maintain a GPA of at least 3.0 in these courses.
## MASTER OF ARTS
Clinical Mental Health Counseling

### Concentration A: Adult Clinical Mental Health Counseling

Degree Offered: *Master of Arts*
Total Credit Hours Required: **60**

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<th>I. CORE COURSES (57)</th>
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<td>26 505 Research in Counseling</td>
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<td>26 511 Individual Appraisal</td>
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<td>26 512 Interviewing Skills</td>
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<td>26 514 Introduction to Clinical Mental Health Counseling</td>
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<td>26 520 Advanced Developmental Psychology</td>
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<td>26 522 Career Development Theory</td>
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<td>26 541 Psychopathology</td>
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<td>26 552 Clinical Psychopharmacology</td>
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<td>26 553 Crisis Intervention and Treatment of Trauma</td>
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<td>26 565 Group Dynamics and Counseling</td>
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<td>26 567 Treatment of Substance Abuse</td>
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<td>26 573 Counseling Theories: I</td>
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<td>26 577 Counseling Theories: II</td>
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<td>26 575 Family Dynamics and Counseling</td>
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<td>26 578 Professional and Ethical Issues in Counseling</td>
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<td>26 579 Multicultural Issues in Counseling</td>
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<td>26 580 Models and Theories of Clinical Supervision in Mental Health</td>
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<td>26 585 Practicum in Counseling</td>
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<td>26 590 Internship in Counseling</td>
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### Concentration B: Child and Adolescent Clinical Mental Health Counseling

Degree Offered: *Master of Arts*
Total Credit Hours Required: **60**

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<td>26 512 Interviewing Skills</td>
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<td>26 513 Individual Appraisal: Child Emphasis</td>
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### ELECTIVE (3)

Three credit hours may be chosen from graduate psychology, education, criminal/social justice, business, nursing, or leadership courses. Three one-credit workshops may take the place of this elective course.
Convenient Campus Locations Close to Home and Work

**Main Campus**
One University Parkway
Romeoville, IL 60446
(815) 838-0500

**Chicago Campus**
3434 S. Michigan Ave.
Chicago, IL 60616
(312) 326-1673

**Hickory Hills Campus**
9634 S. Roberts Road
Hickory Hills, IL 60457
(708) 233-9768

**Oak Brook Campus**
1111 W. 22nd Street,
Suite 700
Oak Brook, IL 60523
(630) 573-1740

**Shorewood Campus**
247 Brookforest Avenue
Shorewood, IL 60404
(815) 744-0504

**Tinley Park Campus**
18501 Maple Creek Drive
Tinley Park, IL 60477
(708) 444-3180

**Lewis University at Albuquerque**
2440 Louisiana Blvd. NE
Albuquerque, NM
87110-4383
(505) 25-LEWIS

For More Information

[grad@lewisu.edu](mailto:grad@lewisu.edu)
(815) 836-5610
Fax (815) 836-5578